

DISHERS AND THEIR ALLERGEN CONTENT Y10

Dishes	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphur Dioxide
														
Apple & Blackberry Pie		✓					✓							
Swiss Roll Fatless Sponge		✓		✓										
Cheese & Onion Pasties		✓					✓							
Lasagne		✓					✓							
Paella			✓		✓									✓
Mayonnaise Potato Salad				✓					✓					
Fish Pie Potato Topping		✓			✓		✓							
Scotch Pancakes		✓		✓			✓							
Chicken Pie		✓		✓			✓		✓					
Fish/ Chicken Goujons		✓		✓	✓									
Halloween Own Cook														
Viennese Whirl Biscuit 1		✓					✓							
Shortbread Biscuit 2		✓					✓							

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Halloumi & vegetable Kebabs		✓					✓							
Eton mess in Pots				✓			✓							
BBQ Chicken wings													✓	
Salcombe Project														
Fruit Roulade		✓		✓			✓							
Egg Custard		✓		✓			✓							
Welsh Cakes		✓		✓			✓							
Profiteroles		✓		✓			✓							
Fish cakes		✓		✓	✓		✓							
Sticky Toffee pudding		✓		✓			✓							
Quiche of Choice		✓		✓			✓							✓
Apple Tarte Tatin		✓					✓							