



Food For Thought MENU

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

week 1	CHICKEN TIKKA SWEET POTATO & CHICKPEA CURRY - RICE & NAAN BREAD	MAC 'N' CHEESE PASTA BAKE	BEEF BOLOGNAISE VEGGIE BOLOGNAISE - PASTA & GARLIC BREAD	ROAST CHICKEN & STUFFING NUTLESS ROAST - GRAVY & ROAST POTATOES	CHICKEN GOUJONS & CHIPS FISH & CHIPS
	HUNTERS CHICKEN CHEESE OMELETTE - HERBIE DICED POTATOES	CHILLI CON CARNE BOATS STUFFED PEPPERS - MIXED SALAD & COLESLAW	CHICKEN MEATBALLS VEGGIE MEATBALLS	ROAST PORK WITH ROAST POTATOES & GRAVY CHEESE & POTATO PIE	CHICKEN & CHIPS FISH & CHIPS
week 3	SAUSAGE VEGGIE SAUSAGE - MASH	LASAGNE VEGGIE LASAGNE - GARLIC BREAD	FISH FINGERS GLAMORGAN SAUSAGES - WEDGES	ROAST CHICKEN & STUFFING MUSHROOM & STILTON WELLINGTON - GRAVY & ROAST POTATOES	CHICKEN GOUJONS & CHIPS FISH & CHIPS
	CHICKEN KORMA KATSU CURRY - RICE & NAAN BREAD	MINCED BEEF PIE VEGETABLE LATTICE SLICE - SEASONAL POTATOES	SPICY CHICKEN WINGS BEAN & PEPPER BURRITO - ONION RINGS, BBQ BEANS, WEDGES	ROAST BEEF & YORKSHIRE PUDDING CAULIFLOWER & BROCOLLI CHEESE - ROAST POTATOES & GRAVY	CHICKEN & CHIPS FISH & CHIPS

All served daily with salad or seasonal vegetables or beans

PLEASE ASK FOR ALLERGEN INFORMATION



Daily vegetarian option:
Jacket potato with various fillings Pasta and veg sauce Grab and Go Counter