

Headteacher

Schools Mental Health Support Team  
Children & Young People Service (CYPS)  
Acorn House  
Horton Road  
Gloucester  
GL1 3PX

Telephone: 01452 894300

20<sup>th</sup> March 2020

Dear Headteacher

Unfortunately the Mental Health Support Team are not currently able to offer its service due to the current COVID-19 and redeployment of NHS staff to frontline duties. Any child, young person or parents that have had a referral and/or are awaiting appointments will not be seen at the current time. If you still have concerns about a child or young person that you have already referred when the service resumes normal provision, please reassess and complete a new referral if you would still like them to be seen by this service.

**Please can you ensure this information is cascaded to all staff, pupils and parents.**

This situation will be continuously reviewed and updates available on our website. We understand this is an anxiety provoking time for young people and their families; we hope you can make use of the resources below and share as a means of support during this time.

**There is a CAMHS helpline available for children, young people and families who may require support and advice: Telephone 01452 894300 (9.00am-5.00pm Monday to Friday)**

Winstons Wish - <https://www.winstonswish.org/>

Young Minds - <https://youngminds.org.uk/>

Tic + - <https://ticplus.org.uk/>

Rethink self-harm - <https://www.rethink.org/help-in-your-area/services/advice-and-helplines/gloucestershire-self-harm-telephone-support/>

Family lives - <https://www.familylives.org.uk/>

Anxiety Canada - <https://www.anxietycanada.com/>

Mood juice - <https://www.moodjuice.scot.nhs.uk/>

Yours faithfully

Becky Flory-Bryan  
Trailblazers - Clinical Lead  
Gloucestershire Health and Care NHS Foundation Trust

working together | always improving | respectful and kind | making a difference

Main office: Edward Jenner Court, Pioneer Avenue, Gloucester Business Park, Brockworth, Gloucester, GL3 4AW

We support clinical research. Our 'Count Me In' programme gives all service users the opportunity to be involved in research unless you tell us otherwise. For other information, please visit our patient information page: [www.ghc.nhs.uk/patientinfo](http://www.ghc.nhs.uk/patientinfo)