



THE DEAN
ACADEMY

Enjoyment

Achievement

Community

THE DEAN ACADEMY

WEEKLY PARENTS' BULLETIN NO 1

WEEK COMMENCING 9 th SEPTEMBER 2019	
WEEK B	
Monday 9 th September	
Tuesday 10 th September	Period 1 - Year 11 Mini Mocks - Science 5.00 p.m. – 6.00 p.m. Year 7 Parents' Information Evening in the Drama Hall
Wednesday 11 th September	Period 1 - Year 11 Mini Mocks – Science Period 3 – Year 11 Mini Mocks - Science
Thursday 12 th September	Period 1 – Year 11 Mini Mocks – English Period 2 – Year 11 Mini Mocks – Science
Friday 13 th September	Period 3 & 4 – Year 11 Mini Mocks - Maths

It has been a real pleasure to welcome all students back to school this week, and especially to welcome our new Year 7 students.

If you are new to the weekly bulletin, its purpose is to keep you up-to-date with key information and give you a flavour of what is happening in the school, and I hope you will find it useful.

School vision and values

I have spoken to all students this week about our school vision - Enjoyment, Achievement, Community – as this is central to everything that we do. As part of this, we want to celebrate individuals and groups who have upheld the vision and we will do this through sharing news in the column to the right each week.

Our school values are 'Be Responsible', 'Be Respectful', 'Be Ready'.

Information Evenings

In the next few weeks we are holding

Enjoyment Achievement Community

Congratulations to all Year 7 students on completing their first week at secondary school. They have made a fantastic start and are already a part of our community.

information evenings for every year group. I would encourage you to attend if you possibly can. We will give you key information about the new procedures, details of the year ahead and a chance to ask questions to key staff. The information evenings take place between 5pm and 6pm and are on the following dates:

Tuesday 10th September - Year 7

Tuesday 17th September – Year 10

Tuesday 24th September – Year 8/9

Year 11 have their first information evening and parents evening on Thursday 24th October.

Uniform

Thank you for your support in ensuring students come to school in the correct uniform. Students look very smart in their TDA Trousers and Skirts. We are giving students 2 weeks to make any corrections to their uniform – if you are in the process of buying the uniform please write a note so your son/daughter does not receive a conduct point.

School logos for trousers/skirts are on sale from the school reception.

If you would like any further information regarding uniform, the full policy is on our website.

Open Days and Evening

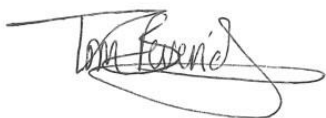
On Thursday 19th and Friday 20th September we have our open days. We welcome visitors on these days and will organise tours of the school from 9.15 – 10.30 a.m. and 11.30 a.m. – 1.30 p.m. Our Open Evening will take place on Thursday 19th. If you would like to come and have a look around at any other time, please do not hesitate to get in touch.

Clubs/Activities

The list of Clubs/Activities is currently being updated and will be issued in the Parents' Bulletin over the next couple of weeks.

Lost Mobile Phone

If your son/daughter lost a mobile phone on Tuesday 3rd September please ask them to see Theresa Whatley, Head's PA. The phone was found in Lydney Park by a member of the public.



Tom Beveridge - Headteacher

GLOUCESTERSHIRE CONSTABULARY OPEN DAY

There is an open day coming up at Gloucestershire Constabulary, please see link below. This would be beneficial to anyone considering a career in the police or other law enforcement.

<https://www.gloucestershire.police.uk/events/open-day-2019/>

SCHOOL BUS INFORMATION

Students should carry their bus passes at all times and the passes are valid for the whole year. If a pass is lost or damaged a replacement pass will cost £5.00 obtainable from Shire Hall, Gloucester only.

If you need to obtain a replacement bus pass for your child please visit:

www.gloucestershire.gov.uk/applyforabuspass to pay for your pass online. Replacement passes can no longer be ordered and paid for by telephone.

If you need to enquire about the spare seat scheme please visit:

www.gloucestershire.gov.uk/spareseat

If you are enquiring about your existing spare seat application and you have received an email receipt from Shire Hall, this means applications are currently being processed and you will be contacted by email in due course with the outcome.

Alternatively, you may be able to find the information you require by visiting the Gloucestershire County Council website: www.gloucestershire.gov.uk/education where council information and services can be accessed 24 hours a day.

If a student misses a bus or is refused travel home because they do not have their bus pass they should come back into the school so that parents can be contacted or arrangements can be made to get them home.

If a student forgets their bus pass they should see Theresa Whatley, Head's PA before 12.30 p.m. on the day who will contact Shire Hall to gain permission for the student to travel home that day otherwise they may be refused travel home.

UNIFORM

A reminder for parents that our school uniform and PE kit are compulsory for all students. Please see the school website for full details of the school uniform and PE kit.

www.thedeanacademy.org

Our uniform suppliers are:- Trutex Schoolwear, 99 Northgate Street, Gloucester, GL1 2AA, Tel No: 0845 521 0645, www.gloucester.trutex.com

PE Kit is available from: Macron Store, Unit 2.2, Barnwood Point, Corinium Avenue, Gloucester, GL4 3HX Tel No: 01452 386400, www.macronstoregloucester.com

FREE SCHOOL MEALS

Apply online for Free School Meals. Check to see if you are eligible.

www.gloucestershire.gov.uk/freeschoolmeals

The health impacts of screen time: a fact sheet for parents

There are no 'safe' amounts of screen time, and the amount of screen use that is right will vary from family to family. We suggest you ask yourself the following questions:

1: Is screen time in your household controlled?

This means BOTH the screen use of children, teenagers AND adults in the family.

2: Does screen use interfere with what your family want to do?

This will obviously vary from family to family, but remember, for younger children, face-to-face social interaction is vital to the development of language and other skills, and screen-based interaction is not an effective substitute for this.

3: Does screen use interfere with sleep?

We recommend that screens are avoided for an hour before a planned sleep time.

4: Are you able to control snacking during screen time?

It can be very easy to lose track if meals are eaten in front of screens!

We asked children and young people for their views on screen time...

<p>Positives about screen time </p> <p>Gives you knowledge It's entertaining and enjoyable Provides you with more opportunities to reach a wider community</p>	<p>Negatives about screen time </p> <p>Keeps you awake Hurts your eyes and stresses you out Loss of social connection</p>
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109 children and young people aged 11-24 years took part in this engagement exercise.

RCPCH & Us
 The voice of children, young people and families

The Royal College of Paediatrics and Child Health is a registered charity in England and Wales (105774) and in Scotland (SC038299)

I want to reduce screen time in my house: what can I do?

Have a plan and stick to it: It is helpful to sit down in calm moment, as a family, and discuss the boundaries of screen use that you will be adopting, using the above questions as a guide. It is important that: everyone understands the boundaries; family members are praised and, if appropriate, rewarded for respecting these boundaries; and boundaries are consistently applied and, if necessary, consequences are put in place.

Be aware, but not intrusive or judgmental, when it comes to teenagers' use of the internet

Think about your own media use: maybe what you are doing on your phone is important, but can it wait?

Prioritise face-to-face interaction: online interaction is great, but no substitute for the real thing!

Be snack aware: If you are going to combine snacks with screen use, do so as part of an overall diet plan.

Protect sleep: No screens for an hour before planned sleep time is a sensible rule of thumb

Top tips from children and young people on screen time use...



Key resources for parents

- NSPCC [online safety information](#) and [NetAware](#) - a no-nonsense guide to social networks, apps and games, including privacy settings and age suitability advice.
- NHS [change4life](#) - healthy recipes, nutritional advice, and top tips and activities to help families stay healthy.

This fact sheet has been produced by the Royal College of Paediatrics and Child Health (RCPCH) as a guide to support parents in navigating their children's screen use. For more information please visit <https://www.rcpch.ac.uk/screen-time>. First published January 2019.

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