



Food
For
Thought

MENU



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

week
1

BEEF BOLOGNAISE
-
PASTA
-
VEG
-
PUDDING

CHICKEN TIKKA
-
RICE
-
VEG
-
PUDDING

FISH FINGERS
-
HERBY POTATOES
-
VEG OR BEANS
-
PUDDING

ROAST CHICKEN &
STUFFING
-
ROAST POTATOES
-
VEG
-
PUDDING

SAUSAGE
-
CHIPS
-
VEG OR BEANS
-
PUDDING

week
2

SAUSAGE HOT POT
-
VEG
-
PUDDING

CHILLI CON CARNE
-
RICE
-
VEG
-
PUDDING

CHICKEN & VEG
PASTA BAKE
-
VEG
-
PUDDING

ROAST BEEF &
YORKSHIRE
PUDDING
-
ROAST POTATOES
-
VEG
-
PUDDING

FISH GOUJONS
-
CHIPS
-
VEG OR BEANS
-
PUDDING

week
3

PORK MEATBALLS
-
SPAGHETTI
-
PUDDING

CHICKEN
ENCHILADAS
-
VEG/
-
PUDDING

BEEF LASAGNE
-
VEG
-
HOT PUDDING

CHICKEN &
MUSHROOM PIE
-
MASHED POTATOES
-
VEG
-
PUDDING

BATTERED FISH
-
CHIPS
-
VEG OR BEANS
-
PUDDING

week
4

CHICKEN KORMA
-
RICE
-
PUDDING

MINCED BEEF &
ONION PIE
-
MASHED POTATO
-
VEG
-
PUDDING

CHICKEN GOUJONS
-
WEDGES
-
VEG OR BEANS
-
PUDDING

ROAST TURKEY &
STUFFING
-
ROAST POTATOES
-
VEG
-
PUDDING

CHICKEN
GOUJONS
-
CHIPS
-
VEG OR BEANS
-
PUDDING



Daily vegetarian option:

Jacket potato with various fillings • Pasta and veg sauce • Grab and Go Counter

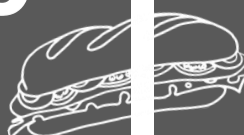
ALL MAIN MEALS
SERVED WITH
VEGETABLES OF THE
DAY OR SALAD &
DESSERT

£2.40



BAKED JACKET POTATO
WITH A CHOICE OF
FILLINGS FROM

£1.20



VARIETY OF HOT
PANINIS

From **£1.00**
to **£2.00**



DAILY SELECTION OF
FILLED ROLLS, CIABATTAS,
WRAPS, POLAR BREAD
AND BAGUETTES FROM

£1.45